

## **Team Information**

Are you looking for something that will bring you and your friends, church family, or coworkers even closer? Look no further. The CLC has the perfect solution. You will be able to register a team for the Run for the Son 5K so you can get everyone involved.

➤ **Who can be a team?**

Anyone can make up a team! Your Sunday School Class, church family, co-workers, youth group, friends, your gym can all be teams. Assemble your team, train together, get matching outfits. What could be more fun than participating together and helping the CLC share Jesus with the students in Gilmer County?

➤ **How many people can be on a team?**

As many as you want or as few as two. Our largest team ever to win the CUP OF LEGENDS had 101 people registered!

➤ **What is the CUP OF LEGENDS?**

The CUP OF LEGENDS is a trophy that goes to the largest team that is registered. These victors will get to display the trophy in their office, break room, or church all year until the next 5K!

➤ **Do I have to run the 5K if I am part of a team?**

You do not have to be runners to have the best team. You can jog, walk, or even push strollers!

➤ **I don't like running or walking. Is there a way to still be part of a team?**

Yes! Just register as a phantom runner. A phantom runner is someone who registers as part of a team but doesn't participate in the 5K. As a phantom runner, you still get a t-shirt and you still count towards your team's total.

➤ **Why register with a team if the race is virtual?**

The largest team wins a trophy and everyone loves a trophy! Excitement is contagious! If you share your enthusiasm about supporting the CLC, others will want to support with you!

What are you waiting for? Get your team together today! One team will be going home with the CUP OF LEGENDS on May 1<sup>st</sup>. Does your team have what it takes?

**\*\*All team registrations are due by Friday, April 30<sup>th</sup> at 12:00pm to be able to win the CUP OF LEGENDS\*\***